

# Scott Scardena, PhD, LPC, ACS

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## EDUCATION

**Capella University**, Minneapolis, MN

Doctor of Philosophy, Counselor Education and Supervision, August 2025

Dissertation Title: "Clinical Counseling Supervisors' Modeled Self-Care for their Provisionally Licensed Counselor (PLC) Supervisees: A Generic Qualitative Study"

CACREP Accredited Program

**William Paterson University**, Wayne, NJ

Master of Education, Professional Counseling, May 2014

Concentration(s): Mental Health & School

CACREP Accredited Program

**Ramapo College of New Jersey**, Mahwah, NJ

Bachelor of Arts, May 2010

Major: Literature Concentration: Creative Writing

## CREDENTIALS & MEMBERSHIPS

- Licensed Professional Counselor (LPC) (NJ License #37PC00592200)
- Approved Clinical Supervisor (ACS #4322)
- Myers-Briggs Certified Practitioner
- NJ School Counseling Certificate
- American Counseling Association Member (Active)
- Association for Counselor Education and Supervision Member (Active)
- North Atlantic Region Association for Counselor Education and Supervision Member (Active)
- Chi Sigma Iota Counseling Academic & Professional Honor Society Member (Active)

## AWARDS & HONORS

- 2024 NARACES Emerging Leader

## TEACHING EXPERIENCE

**William Paterson University**

*Assistant Professor-Professional Counseling*

*Instructor-One Year Only-Professional Counseling Program*

Wayne, NJ

September 2025-Present

August 2024-June 2025

- Engages a diverse student body of graduate students in didactic courses focused on clinical counseling skills, techniques, and theories
- Provides clinical counseling supervision for master's level interns during their practicum and internship experiences
- Creates inclusive lessons for all students, grades assignments, and facilitates a 24-credit annual course load
- Engages multiple learning styles by utilizing different teaching modalities, such as case studies, class discussions, LMS discussions, and group presentations to support the inclusion of a diverse student population
- Mentors a caseload of graduate students with various multicultural experiences through professional and personal concerns
- Assists in evaluating student portfolios to confirm that students are meeting CACREP standards through coursework
- Participates in the CACREP self-study for reaccreditation by participating in data analysis, course evaluation, and recommendation writing
- Actively participates in the college and department by attending and providing input in all college, department and program meetings
- Consistently receives 4.5 (out of 5) or higher on end-of-semester student course evaluations
- Participates in all-campus activities such as Welcome Day for new students and Communiversiity Day

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## Curriculum Vitae – Page 2

**William Paterson University**  
*Adjunct Faculty*

Wayne, NJ  
Spring 2018-August 2024

Graduate Courses: *Career Counseling Across the Lifespan, Foundations of Mental Health Counseling, Counseling Theories & Practice, Multicultural Counseling, Theories and Techniques of Family & Couples Counseling, Creativity in Counseling*

- Contributed to course curriculum with current research and lived professional experiences
- Provided an individualized approach and connection to support the diversity of the 10-15 graduate students in each section
- Connected with full-time faculty on students of concerns to guide students to support and remediation as needed
- Worked with the local Chi Sigma Iota honor society chapter on presentations connected to job searching and future careers

Graduate Courses: *Clinical Mental Health Practicum, Internship in Counseling I & II*

- Provided clinical supervision to 6 to 8 master-level clinicians entering their experiential experiences during their counseling program
- Worked from a Discrimination Model approach for clinical supervision with an emphasis on self-care infusion for supervisees
- Supported all placement types, including mental health, school counseling, and school assistance counselor tracks
- Connected with students both inside and outside of classroom time to support interns through crisis management concerns

## ADMINISTRATIVE EXPERIENCE

**William Paterson University, First Year Foundations Program**

*Assistant Director*

Wayne, NJ

April 2017-August 2024

- Collaborated on the planning, recruitment, and execution of the First Year Foundation Summer Bridge Program, focusing on developmental education and transitional concerns with success rates of placing students out of remedial coursework at 89% and higher
- Contributed to the development and implementation of year-round remedial education programs to assist the diverse student population in advancing to college-level writing, reading, and math courses
- Assisted in oversight and creation of the WPS1060 Foundations of Mathematics and WPS1090 Foundation of Reading program in the Fall and Spring semesters to mirror success rates of the First Year Foundation Summer Bridge Program
- Supervised Academic Mentors and Clinical Mental Health Interns who worked with students from various multicultural backgrounds experiencing emotional, academic, and psychoeducational transitional issues
- Active member of committees across campus which includes Strategic Planning Group-Attrition, University Hearing Board, Student of Concern, and Advisement/Registration Council
- Assisted in the oversight of remedial educational resources (NROC, EdReady, Newsela, MathXL, Vocab.com, and Blackboard) and internal database/recruiting management
- Assisted in the creation of the Road to Success (RtS) Program which accepted under-represented students who were slightly below regular admissions criteria
- Participated in providing support services, such as tutoring, workshops, and individual check-ins for RtS students to assist with their progress within the University

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### **GenPsych**

#### *Clinical Mental Health Intern*

Livingston, NJ

January 2024-March 2024

- Facilitated process and psychoeducational group counseling sessions for 8-15 clients at an intensive outpatient agency
- Worked with clients from multiple backgrounds in both mental health and substance abuse; dual diagnosis tracks
- Completed individual check-ins for homicidal and suicidal ideation with at-risk clients
- Continued to hone and prioritize cognitive behavioral and dialectical behavioral modalities in both group and individual settings

### **Sussex County Community College Student Advisement Center**

#### *Transfer Counselor*

Newton, NJ

July 2014-March 2017

- Assisted students in transitioning from community college to post-graduate plans including both institutions of higher education and career opportunities
- Acted as Office Coordinator with responsibilities including the creation of the Center's staff schedule and acting as liaison with all other campus offices
- Delivered workshops on topics including the transfer process and interpretation of the Myers-Briggs Type Indicator
- Provided short-term individual counseling for students facing emotional, social, and economic challenges
- Was also available and participated in immediate interventions during crisis situations
- Collaborated with students on academic planning and advised proper coursework to complete their degree
- Initiated and collaborated with both faculty and administration in the creation of Articulation Agreements to help further connections between Sussex and four-year institutions
- Participated in the creation of curricula by being an active voting member of the Curriculum Committee
- Assisted with running and coordinating Staff Senate meetings as Vice President of Staff Senate
- Assisted in the development of special projects including the Suicide Awareness Initiative, Transfer Fair, New Student Orientation, Advisement and Registration sessions
- Participated in campus-wide committees including the Student Enrollment Group and Vice President of Academic Affairs Search Committee
- Advised Phi Theta Kappa Honor Society Officers in planning and implementing on and off-campus activities

### **Bloomfield College Office of Personal Counseling**

#### *Counseling - Mental Health Intern*

Bloomfield, NJ

September 2013-May 2014

- Provided both individual and group counseling for members of the student body
- Developed and facilitated psycho-educational workshops and discussions on subjects such as Healthy Relationships, How to Help a Friend, and Stress Management
- Performed continual outreach efforts to inform the student body about the counseling office and services
- Developed and collaborated on publications from the counseling office to inform students about events and psycho-educational tools
- Participated in on-campus events including Freshman Orientation and the Media Literacy Project
- Engaged in workshops on various topics including counseling the LGBTQ population, suicide prevention, and the college's crisis management plan

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### PROFESSIONAL EXPERIENCE

#### Scott Scardena Consulting & Counseling

CEO/Counselor/ Clinical Supervisor

Boonton, NJ

September 2017-Present

- Provide clinical supervision oversight for master levels counselors and Licensed Associate Counselors in pursuit of Licensed Professional Counselor status
- Provided consultation on contract/articulation agreement creation between institutions of higher education
- Assists in the training of professionals on the construction of curriculum and articulation agreements

#### Hanover Park Regional High School

School Counseling Intern

East Hanover, NJ

January 2013-December 2013

- Provided academic, personal, and career advisement for a caseload of high school students in 9<sup>th</sup> to 12<sup>th</sup> grade
- Gained hands-on experience of Naviance, PowerSchool, and eDocs within the School Counseling Department
- Participated in IEP, 504, and crisis management meetings
- Helped to facilitate parent-student conferences related to college application and student needs

### PRESENTATION EXPERIENCE

- Scardena, S. (2024, September). *Self Care Infused Supervision*. Roundtable presentation at the 2024 NARACES Conference, Atlantic City, NJ.
- Scardena, S. & Decker, K. (2024, September). *The Growth of the Clinical Supervisor*. Presentation at the 2024 NARACES Conference, Atlantic City, NJ.
- Scardena, S. & Zito, S. (2019, October). *Bridging the Gap: Transitioning Students' to a Post-Secondary Public University*. Presentation at the 2019 NNER Annual Conference, Fort Collins, CO.
- Scardena, S. & Zito, S. (2019, May). *Using EdReady as a Postsecondary Readiness and Transitional Tool*. Presentation at the Annual NROC 2019 Membership Meeting, Monterey, CA.
- Vandergast T., Hinkle, G. M., Decker, K., Pierce, J., Lomauro, C., & Scardena, S. (2014, June). *Internship Group Supervision: Multiple Methods and Perspectives From Faculty and Students*. Presentation at Tenth International Interdisciplinary Conference on Clinical Supervision, Adelphi University, Garden City, NY.

### VOLUNTEER EXPERIENCE

#### Johnsonburg Camp and Retreat Center

- Board Member 1/2018 to 12/2023
- Chair of Program Committee 1/2018 to 12/2019
- Board President 1/2020 to 12/2022
  - Engaged in non-profit program evaluation
  - Partnership facilitation with other for profit and non-profit organizations
  - Facilitated weekly COVID-Task Force meeting with leadership for planning, preparation and overall decision making